

Department of Chinese and Bilingual Studies

Date: 12 August 2017 (Saturday)
Time: 13:30 – 14:30
Venue: Room CD309
The Hong Kong Polytechnic University

“Nutrition, Diet and Dysphagia”

By

PROF. THOMAS MURRY, PHD, CCC-SLP

Brief introduction of the talk:

The primary role of the speech language pathologist in the treatment of swallowing disorders is to make sure that patients swallow safely. Proper testing is necessary to ensure that it is safe to move a patient from a non-oral to oral diet. Once the patient moves to an oral diet, the swallowing team manages the patient with amounts and types of foods and liquids to ensure that the patient is not only managing a safe swallow but also swallowing the proper foods and liquids to assist with rehabilitation and health.

Patients seen in an outpatient setting are often on an oral diet but their complaints range from food sticking in the throat to feeling a lump in the throat. When the FEES or MBS shows a normal swallow, the issue may be reflux disease. In these situations, medication and proper diet become important treatment options. Reflux disease is a condition that at least 70,000,000 people in the USA suffer from. The speech language pathologist along with a dietician are often responsible for providing the right types of foods and liquids to swallow. In this talk, a better understanding of nutrition for patients complaining of hoarseness, food sticking, lump in the throat will be presented.

Professor Thomas Murry is currently the Professor of Speech-Language Pathology of the Department of Otolaryngology and the co-director of the Voice and Swallowing Centre in Loma Linda University. He is an internationally recognized researcher in the field of voice and swallowing disorders. He has published more than 140 peer-reviewed journal articles, 14 books and more than 55 book chapters on voice and swallowing disorders, including the classic text book *Clinical Management of Swallowing Disorders*. He serves in the editorial boards of a number of scientific journals, including *Journal of Voice*, *Journal of Speech and Hearing Research* and *The Laryngoscope*. He is also the consultant and editor of the Plural Publishing Inc.

All are welcome!

For Registration please send email to Ms Wendy Har at wendy.har@polyu.edu.hk by 10 Aug 2017 (Thur)